Nestlé Health Science Clinician Lunch Symposium



Appropriate nutrition is integral to patient care

Monday 30th September 2019 12:30 - 14:00 | Room Paris

Chair: Prof. Mette M. Berger

Topics & Presenters

- Smart nutrition not more nutrition.
 Dr. Zudin Puthucheary, UK
- Can nutrition be used to target mitochondrial dysfunction?
 Prof. Mervyn Singer, UK
- Update 2018 ESPEN guidelines.
 Prof. Mette M. Berger, Switzerland
 - Increased protein delivery while decreasing carbohydrate loads.

Dr. Juan B. Ochoa Gautier, USA



<u>Nestlé Health Science</u>

Nurses and Allied Health Professional Lunch Symposium



The nurse is the **cornerstone** of nutrition delivery

Tuesday 1st October 2019 12:30 - 13:30 | Room Arena

Topics & Presenters

- Nurse driven metabolic care.
 Prof. Mette M. Berger, Switzerland
- A nursing perspective on nutrition.
 Béatrice Jenni-Moser, ICU Clinical
 Nurse Specialist, Switzerland

